



MEDIA RELEASE

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FOR IMMEDIATE RELEASE

2003 Kanata Cup Rhythmic Gymnastics Competition.

2003 KANATA CUP INVITATIONAL – MARCH 22-23

The weekend of March 22-23, 2003 will mark the annual **Kanata Cup Invitational** Rhythmic Gymnastics competition hosted by the **Kanata Rhythmic Sportive Gymnastics Club**. The event this year has attracted 65 gymnasts from seven clubs in Ontario and Quebec.

The competition will be held at **Bridlewood Elementary School**, located at 63 Bluegrass Drive in Kanata. Participants will range in age from 8 to 16 years and will include all levels of provincial stream individual and group competitors. Many former Kanata Cup participants have gone on to compete at the national level; some have represented Canada in international competition.

The Kanata Cup competition is unique in that a theme is identified each year, which is carried through the competition in decorations and music. For 2003, the theme is 'Portugal'. This theme is in honour of the World Gymnaestrada, which will take place in Lisbon, Portugal in July 2003. Kanata RSG Club gymnasts will be part of the Canadian delegation to the World Gymnaestrada, which, with 28,000 participants from 50 countries, is the largest sporting event in the world.

The 2003 Kanata Cup Invitational will begin on Saturday, March 22, 2003 at 5:00 p.m. Competition continues through Saturday evening, and all day Sunday from 8:30 – 4:00 p.m. Official opening ceremonies will take place on Sunday March 23 at noon.

For more information on the Kanata Cup Invitational, or on the KRSG Club, please contact Cathy Haines, KRSG Club President and Meet Director at (613) 839-0370, or Lori-Ann Holyer, Kanata Cup Publicity, at (613) 831-3789.

Please visit our website at www.krsg.org.