



March 31, 2003
Kanata Rhythmic Sportive Gymnastics

For Immediate Release

KANATA GYMNASTS SUCCESSFUL IN MONTREAL

Gymnasts from the **Kanata Rhythmic Sportive Gymnastics Club** were strong competitors in the annual Rythmik Québec Invitational Cup competition, held this past weekend in Montreal.

The event, which took place at the Centre Etienne Desmarteau, featured a very strong field of provincial and national level gymnasts from Ontario, Québec, Alberta and British Columbia. This was the second major competition in as many weeks for the Kanata gymnasts, who also took part in the Kanata Cup Invitational, held at Bridlewood School in Kanata on March 22-23.

Top results of the day went to Nepean resident **Kara Coville**, who won SILVER medals for hoop and ball, was fifth with Ribbon and took the SILVER medal for All Around in the Provincial 6 category. Kanata resident **Jessie Perry** earned a BRONZE medal for her ball routine, was fourth with ribbon, sixth with hoop and finished fifth all around, also in Provincial 6.

In the Provincial 4 category, Kanata resident **Emily Kawai** was the club's top performer, winning SILVER for her Ball Routine and finishing tenth with hoop. **Breanna Rich**, also of Kanata, finished fourth with Ball, and eighth with hoop, while **Marie Haines** of Carp finished eighth with ball and ninth with hoop.

In the Provincial 5 category, **Jennifer Coulas** of Kanata finished 14th with Ribbon and 15th with Rope.

The girls will now focus their competitive preparation toward the Eastern Qualifiers, which will be held on May 10 -11 at Seneca College in Toronto.

The Kanata RSG Club is now taking registrations for its Spring recreational session, which will begin on April 24. Information is available online, at the club's website www.krsg.org. Additional information on recreational programs can be obtained by calling the club registrar, Michele MacHattie, at 839-5894.

For more information on the Kanata RSG club, please contact Dasa Lelli (Head Coach) at 592-5202 or Cathy Haines (President) at 839-0370.

Please visit our website at www.krsg.org.