



**June 14, 1004**  
**Kanata Rhythmic Sportive Gymnastics**

**For Immediate Release**

## **RED RIBBON UPDATE**

Kanata rhythmic gymnasts performed well at the Red Ribbon Aesthetic Group Championships held June 12 in Toronto. A total of 22 gymnasts represented the Kanata RSG Club at this event, which is considered as the Provincial Championships in Aesthetic Group Gymnastics.

Kanata's Teen Group, The Pyramids, continued their reign as Red Ribbon champions, winning both the free and creative routines, and placing first overall in the Teen category.

In the Child category, the Rising Stars finished as all round bronze medallists.

The Pre-teen group, Kanata Spirit, also had a successful day and finished 4<sup>th</sup> overall amongst twelve competing groups.

With the completion of its competitive season, the Kanata Rhythmic Gymnastics Club (KRSG) turns its focus to celebrating its 30<sup>th</sup> anniversary in the 2004-2005 season.

To launch the celebrations, the club will host an **Open House on Saturday June 19** at the **Bridlewood Community Elementary School**, located at 63 Bluegrass Drive. The Open House will run throughout the day from 11:00 am – 4:00 pm. All are invited to see award winning group and individual performances by members of the club's Advanced Training and Competitive programs, to enjoy a slice of birthday cake, and to take advantage of special Open House registration fees for the fall recreational program.

The schedule for the day is as follows:

- Demonstrations will be held every hour on the hour, beginning at 11:00
- Birthday cake will be served at 1:00
- Coaches and club representatives will be available all day to answer questions
- Registration for fall recreational programs will be ongoing

At 30 years, the KRSG Club is one of the largest and longest standing rhythmic clubs in Canada, and is a member in good standing of Gymnastics Ontario. The club is a full-service club, and is proud to have provided high quality rhythmic gymnastics programs to girls in Kanata and the surrounding area. Total membership is approximately 160. Over 100 gymnasts are registered in the recreational program, while the remainder are part of the club's advanced training and competitive programs. Coach Dasa Lelli, who is the club's founder, continues to

develop gymnasts who are successful in Provincial level competition. This year alone, Kanata gymnasts won over 70 medals in individual and group competitions.

For further information on the club, or for more details on the June 19th Open House, please call 592-5202, or visit the club's website at [www.krsg.org](http://www.krsg.org).